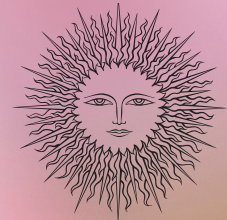
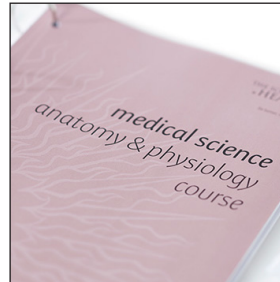
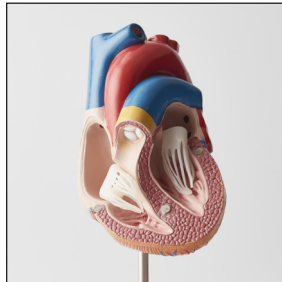


explore

anatomy & physiology
home study courses
inside · insight



THE
SCHOOL OF HEALTH®



Look inside, marvel at the beauty and complexity of the human organism. Studying Anatomy & Physiology (A&P) enables you to gain a fundamental knowledge of the structure and working of the wonder that is the human body.

We offer three highly regarded courses designed to help enhance your training and practice:

Anatomy and Physiology for

- 1. Natural Health*
- 2. Nutrition*
- 3. Homeopathy*

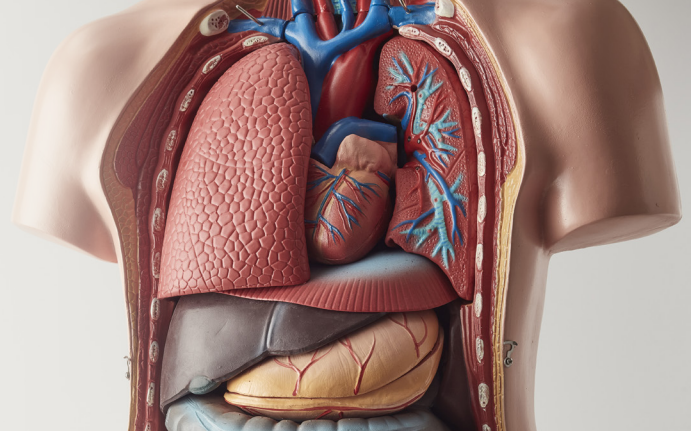
Why study Anatomy and Physiology?

A&P can be studied either on its own for general interest, as part of your chosen therapy, or to fulfil pre-entry requirements for practitioner training. Once you get started you will be amazed at the complexity and yet simple beauty of the human organism.

Our A&P courses aim to provide you with a comprehensive introduction to the structure of the human body and its fundamental operations. We have purposefully written and designed our courses in recognition that the study of A&P is an essential part of the education of natural health practitioners, nutritionists and homeopaths. All the major systems of the body are covered, and the subject content is grouped and presented in a way that helps you to understand how the various elements link together holistically. The course syllabus is equivalent to UK vocational 'A' Level standard and NVQ Level 3, and has been compiled after careful consideration of the requirements of various therapies, colleges and societies of complementary and alternative medicine.

“Wonderful, really easy to follow, interesting and absorbing. Enjoy retaining the knowledge.”

Emma, Student



What will this course do for me?

The aim of our A&P courses is to give the necessary knowledge and understanding of the subject in order to best support and complement your natural therapy practice. On completing this course, you will be able to identify, locate and describe the main components and functions of the human body's systems. You will also know how to study any of these aspects in greater depth if your clinical work requires it in the future. The aim is to understand how each system works and connects with others rather than to learn it all by heart.

The study experience

The course follows a blended learning approach, offering multiple study methods including written Units (delivered in the post), movie lectures, quizzes, online sessions, social media, tutor group meetings, and personalised support from your tutor. All delivered through our bespoke Online Learning System.

Study is guided through the Units, with descriptions, references, and diagrams to support the syllabus.

Self-assessment questions help reinforce learning, and at the end of each Unit, you upload written assignments to your tutor for written feedback.

What will I study?

The core content for all three A&P courses is the same with the learning being tailored to either natural health, nutrition or homeopathy: cells and tissues; organs and organ systems; cardiovascular system; respiration; nutrition; digestive system; temperature regulation; osmoregulation: kidney; defence against disease; cell division; reproduction, genetics & heredity; sensory & nervous system; endocrine system; musculoskeletal system.

Entry requirements

No prior medical training or knowledge is required for either course. There are no pre-entry qualifications or age requirements.

As well as being widely accepted by many course providers and associations this course is accredited by the: Complementary Medical Association (CMA).

Anatomy and Physiology

Units: 1-6

Study Hours: 175 - 200

Time: Estimated 9/12 months (timing up to you)

Enrolment period: 2 years (with option to extend)

Includes: Study material, 2 books included (see below) & movie lectures

Certification: Diploma in Anatomy & Physiology

Study Options: Correspondence (paper) or e-learning (online)

Courses for: Natural Health, Nutrition or Homeopathy

Unit one

The cell

The skin

Digestive system

Unit two

Skeleton

Joints

Muscles

Nerves

Musculo-skeletal nutrition

Unit three

Respiratory system

Cardiovascular system

Unit four

Blood

Resistance and immunity

Excretory system

Unit five

The Liver

The Endocrine System

The Brain and Nervous System

Unit six

Male reproductive system

Female reproductive system

The Special Senses

Movie Lectures

Unit 1: 3 hours and 45 minutes

Unit 2: 1 hour and 29 minutes

Unit 3: 1 hour and 44 minutes

Unit 4: 2 hours and 9 minutes

Unit 5: 2 hours and 11 minutes

Unit 6: 1 hour and 54 minutes

Get more information

We would love to hear from you, so please contact us now for further information and help with all your questions.

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